

## A Safe & Private Treatment for Erection Failure Or ED With Aurogra 100mg

[Erectile disorder](#) is a common type of sensual disorder among the males. It does not allow men to be able to gain or even sustain an erection during sensual communication with the lady. This condition is prevalent among men above the age of 40. This illness is not a part of ageing. However, when you become older you require more stimulation. This condition is usually caused due to the presence of a variety of illnesses and needs treatment. [Aurogra 100mg](#) from [rsmmultilink](#) is an oral medication for the management of erectile disorder or ED. The medication comprises [Sildenafil citrate 100 mg](#).

The medication is in the form of a tablet that works to enhance sensual stamina and even pleasure in men. It even raises the blood content of the male organ. This helps men to gain firm and stiffer erections during sensual communication.



The problem of [erectile disorder](#)

[Erectile disorder](#) has an impact on men of all ages. It is essential to note that it is not an age-related issue. Even young men can suffer from this issue. There are a lot of causes responsible for this sensual condition in males.

### Types of Erectile Disorder or Impotence

There are two types of [erectile disorder](#) in men:

#### Primary ED:

This type of [erectile disorder](#) is caused in men who are not able to gain or even maintain an erection during sensual contact with the lady. This does not allow men to gain satisfaction from the sensual contact.

#### Secondary ED:

This type of [erectile disorder](#) is caused in men who were earlier able to gain erections but now are unable to gain any during the lovemaking activity.

### Physical causes of [erectile disorder](#) or Impotence

Common causes include:

- Heart disease
- Clogged blood vessels (atherosclerosis)
- High cholesterol
- High blood pressure
- Diabetes
- Obesity
- Metabolic syndrome
- Parkinson's disease

- Multiple sclerosis
- Certain prescription medications
- Tobacco use
- Peyronie's disease
- Alcoholism and other forms of substance abuse
- Sleep disorders
- Treatments for prostate cancer or enlarged prostate
- Surgeries or injuries that affect the male organ area or spinal cord
- Low testosterone

#### **Psychological causes of [erectile disorder](#) or ED**

- Depression, anxiety or other mental health conditions
- Stress
- Relationship problems due to stress, poor communication or other concerns

#### **Symptoms of [erectile disorder](#) or Impotence**

- Not being able to gain an erection
- Unable to maintain an erection
- Low sensual drive
- Low sensual stamina

#### **Impact of [erectile disorder](#) on fertility**

[Erectile disorder](#) does not impact the fertility of men directly but it can make the sensual interaction very difficult. It is essential to find a solution for the underlying cause of erectile disorder if you are experiencing infertility.

#### **Diagnosis of [erectile disorder](#) or Impotence**

The problem of [erectile disorder](#) can be diagnosed with the help of a healthcare provider. He conducts a variety of medical tests and physical examinations. He might even ask you questions linked to your medical history. He might even perform blood tests to check for any kind of underlying health conditions, a psychological examination. His main purpose is to assess the flow of blood to the male organ.

#### **Treatment of [erectile disorder](#)**

Common treatment options for the problem of [erectile disorder](#) comprise:

##### **1. Various changes in your lifestyle:**

- Healthy diet and
- regular exercise
- limiting Smoking
- and limiting alcohol consumption
- Managing stress and
- Managing anxiety

##### **1. Medications:**

Using PDE5 inhibitors such as [Aurogra 100mg](#)

##### **1. Therapies:**

- Psychotherapy can be used to handle psychological factors responsible for the occurrence of [erectile disorder](#).
- Vacuum erection devices

- Male organ implants

## 1. **Hormone Therapy:**

Testosterone replacement therapy if there is a reduction in the testosterone levels

### **Conclusion**

[Erectile Disorder](#) is a common condition that has a great impact on men of all ages. It is essential to seek a diagnosis to know the various appropriate treatments. These treatments can help to improve the quality of life for those who are suffering from erectile disorder.

[Aurogra 100mg](#) is a great medication designed for the treatment of [erectile disorder in men](#). It holds inside it [Sildenafil citrate 100 mg](#). The medication functions by raising the stream of blood to the male organ. This helps men to gain firm and stiffer erections during sensual communication with the lady.