A Significant Medication to Gain Smoother Sensual Performance With Bluemen 25mg

Erectile disorder, or ED, is the common sensual problem reported by men to their doctors. It is a type of <u>male sensual dysfunction</u> that does not allow men to be able to get and even maintain an erection during sensual communication with the lady. This illness impacts millions of men all over the world. It is not uncommon for men to suffer from problems with erections at one time or another. This illness can progressively take place and might even happen on a routine basis with sensual contact. <u>Bluemen 25mg</u> from <u>Rsmmultilink</u> is an oral medication for the management of the erectile disorder in males. It contains <u>Sildenafil citrate 25mg</u>.

The medication works effectively by raising the flow of blood to the male organ. This helps men to gain stiffer erections during sensual contact. This helps men to boost sensual stamina and sensual power during sensual communication.



Erectile disorder can happen:

- 1. When the flow of blood is not proper towards the male organ the nerves get harmed
- 2. Due to stress or emotional reasons
- 3. It can be caused as an early warning sign of a more serious illness. These might include atherosclerosis (hardening or blocked arteries), heart disease, high blood pressure or high blood sugar from Diabetes.
- 4. It is essential to find the cause of the problem. This will help to handle the problem and handle the overall well-being. If something is good for your heart health and even sensual health.

Generation of an erection

During the sensual arousal, the nerves release the chemicals that increase the flow of blood to the male organ. The blood flows to the two erection chambers in the male organ. The chambers are made up of spongy muscle tissue (the corpus cavernosum). When the erection takes place the spongy tissues relax and trap blood. The pressure of blood makes the male organ firm and stiff and causes men an erection. When the man ejaculates then there is another set of nerves that reach the male organ and cause the muscular tissues in the male organ to contract. This is when the erection comes down. When a man is not sensually aroused then the male organ becomes soft and limp.

Symptoms of **Erectile disorder** or Impotence

When a man is not being able to get and keep an erection that is firm enough for the sensual contact then he is suffering from <u>erectile disorder</u>. One can contact a Urologist for help.

<u>Erectile disorder</u> can be a major sign of cardiovascular disease. This indicates that the blockages are building up in the male organ. This could the risk of getting a heart attack and even stroke or circulatory problems in the legs. <u>Erectile disorder</u> can cause:

- 1. Low self-esteem
- 2. Depression
- 3. Distress for man and even his companion

<u>Erectile disorder</u> has a great impact on the well-being or the relationships of the man. The treatment option can help a <u>man enhance his erectile</u> functioning and even improve his circulatory health and improve the quality of life of a man.

Risk factors Of erectile disorder or Impotence

Erectile disorder can be caused due to health problems, emotional issues, or both. Some known risk factors are:

- 1. Being over age 50
- 2. Having high blood sugar (Diabetes)
- 3. Having high blood pressure
- 4. Having cardiovascular disease
- 5. Having high cholesterol
- 6. Smoking
- 7. Using drugs or drinking too much alcohol
- 8. Being obese
- 9. Lacking exercise

<u>Erectile disorder</u> becomes more common as men age. However becoming old is not the only cause of <u>erectile disorder</u>. A lot of men stay sensually active in their 80s. Erectile disorder can be a warning sign of a more serious health problem.

Physical Causes of <u>Erectile Disorder</u>

- 1. hardened arteries,
- 2. heart disease,
- 3. high blood sugar (Diabetes) and
- 4. smoking.
- 5. Certain diseases, injury or surgery in the pelvic area
- 6. Diabetes
- 7. Cancer treatments
- 8. Surgery and or radiation for cancers
- 9. colon-rectal or bladder cancer

Emotional Causes of ED

- 1. Depression
- 2. Anxiety
- 3. Relationship conflicts
- 4. Stress at home or work
- 5. Stress from social, cultural or religious conflicts
- 6. Worry about sensual performance

About Bluemen 25mg

Bluemen 25mg is a great medication for the management of <u>erectile disorder</u> or ED in males. It comprises an active ingredient inside <u>Sildenafil citrate 25mg</u>. The medication works when the man consumes it 30 minutes before the sensual contact. One can consume the medication with water or juice.